

LAMPREY RIVER LITTLE LEAGUE BASEBALL
2020 SEASON PLAYER INSTRUCTIONS FOR COVID-19

NAME: _____

TEAM: _____

DATE: _____

I have been told the following rules for me to play Lamprey River Little League this summer and agree to follow the rules:

1. No spitting, seeds, gum, or licking my fingers at any time when at the ball field.
2. If I need to cough or sneeze I will face into my elbow or use a tissue; if I use a tissue I will throw it in the trash right away.
3. I will not touch, use, or ask to use another player's equipment.
4. I will wear a face covering when asked.
5. I will use the hand sanitizer in between innings and whenever the coach tells me.
6. I will stay in my assigned space and keep my equipment in this space whenever at the ball field.
7. I will stay 6' away from teammates and coaches as possible.
8. No handshakes, high/low fives, fist/elbow bumps or other touches are permitted. I will cheer for my teammates and the opposing team using baseball cap "tips", thumbs up, and clapping.

I will follow all the rules of my coach and parents to stay safe. I know that if I break the rules I may be removed from the team and will not be able to play baseball this year.

Signed: _____